

JF&CS Family Table Pasta Donation Guide

At the store, just get two:









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My Family

Family Table

Nutrition Criteria	Examples
<p>Look for these as the first ingredient:</p> <ul style="list-style-type: none"> • “whole wheat” • “whole grain” • “whole [name of grain]” • “100% whole” <p>We also accept whole grain gluten-free pasta made from ingredients like brown rice, quinoa, amaranth and buckwheat.</p>	<ul style="list-style-type: none"> • 365 Brand (Whole Foods) • Barilla Whole Grain • Bionaturae (from Whole Foods) • DeBoles Whole Wheat • Wild Harvest Whole Wheat • Hodgson Mill Whole Wheat • Lundberg (from Whole Foods) • Tinkyada • Trader Joe's Brand • Any store or name brand with a whole grain as the first ingredient <div>    </div> <div>    </div>



Snap a picture of this list as a convenient reminder for your next shopping trip!