

JF&CS Family Table

Canned Fruit Donation Guide

At the store, just get two:



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My Family

Family Table

Nutrition Criteria	Examples
<p>Only fruits canned in 100% Juice</p>	<div data-bbox="1024 654 1178 878"> </div> <p data-bbox="932 922 1220 1045">Dole Pineapple Slices in 100% Pineapple Juice</p> <div data-bbox="1373 654 1507 878"> </div> <p data-bbox="1293 922 1570 1045">Stop & Shop Bartlett Pears in 100% Pear Juice</p> <div data-bbox="1709 654 1850 878"> </div> <p data-bbox="1652 922 1902 1089">Del Monte Fruit Cocktail in 100% Peach & Pear Juice</p>



Snap a picture of this list as a
convenient reminder for your
next shopping trip!