

# Let's Talk

## About Dementia And Culture 2022

### *Program Book*

**Tuesday, November 15, 2022**

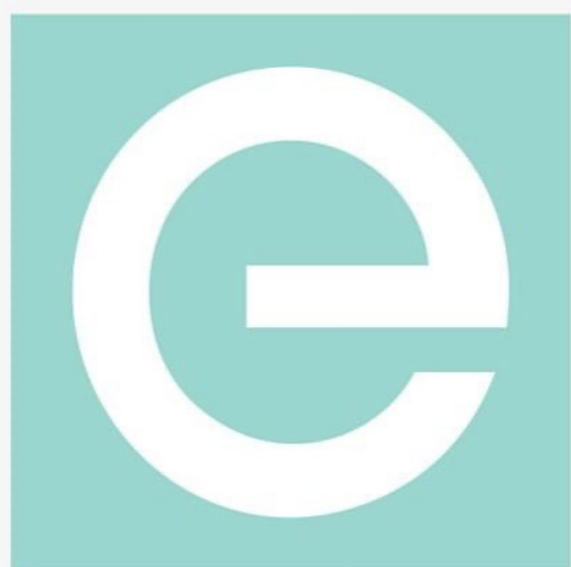
#### *Learning Objectives:*

- Learn about differences in what communities need with regard to dementia.
- Identify some of the supports, and some of the barriers, that will affect whether someone will feel comfortable communicating with others about dementia symptoms or a diagnosis.
- Learn steps that a statewide or regional initiative can take to better represent, include and learn from the many different communities within its service area.

Thank you to our Sponsors. This support helps us to make this symposium free of charge for attendees, and to make it more accessible by offering live transcription and interpretation in four languages.

## *Silver Sponsors:*

### Embrace Home Care



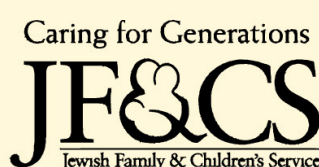
**embrace**  
HOME CARE & HEALTH SERVICES

### Massachusetts Council on Aging



**Massachusetts  
Councils On Aging**

Let's Talk about Dementia and Culture 2022 is led by Dementia Friends Massachusetts, which is a program of Jewish Family & Children's Service of Greater Boston. This symposium is co-sponsored by the Alzheimer's Association MA/NH Chapter, Dementia Action Alliance, and National Council of Dementia Minds. Thank you to the Lebovitz Family Charitable Trust for ongoing support. Thank you to Point32Health Foundation for supporting Dementia Friends Massachusetts' "road to representation," and this symposium.



**Point32Health Foundation**



## Let's Talk

About Dementia  
And Culture 2022

# Symposium Agenda

**Date:** Tuesday, November 15, 2022

**Time:** 1:00 p.m. - 4:30 p.m. EDT

**Location:** Zoom

*Note: if you purchased a ticket with CEUs, you must complete the evaluation survey. We will send CEU certificates within three weeks.*

**1:00 P.M.**

*Welcome, housekeeping*

Greeting: Nora Moreno Cargie, Vice President of Corporate Citizenship and President of Point32Health Foundation

**1:15 P.M.**

*Framing today's conversation*

Disparities, differences, and the case for community partnerships:  
Beth Soltzberg

**1:40 P.M.**

*Introduction of Community Partners*

Personal Story: Anitra (Nia) Mostacero

**2:00 P.M.**

*Roundtable discussion with Community Partners*

Arnetta E. Baty and Carl Byron Baty, Kun Chang, Alana Dundon, Anitra (Nia) Mostacero, Tirsia Ramirez, Saw Reh, Kathy Service, Judith Thermidor, and Bonnie Burman, facilitated by Beth Soltzberg

**3:20 P.M.**

*Break*

Photo montages and personal messages from Community Partners

**3:35 P.M.**

*Road to Representation*

How Dementia Friends Massachusetts has followed the "four R's" to engage and serve more cultural and linguistic communities

**4:00 P.M.**

*Let's hear from you!*

Questions, comments, and discussion with Community Partners

**4:25 P.M.**

*Closing, housekeeping*



# Speaker Bios



**Nora Moreno Cargie** leads the Point32Health Foundation and Point32Health's corporate citizenship work. In this dual role, she helps shape strategies to support nonprofit organizations working to address systemic disparities and eliminate barriers to access. The National Council on Aging recognized Nora with the 2022 Trailblazer Change Agent Award for "centering social justice and racial equity in all her work."

Nora serves on the Governor's Council to Address Aging in Massachusetts, the board of the Connecticut Council for Philanthropy, the Executive Forum for Boston College's Center for Corporate Citizenship and the Elder Stakeholders Group of the Massachusetts Executive Office of Elder Affairs and as a mentor for Conexión, a Latino/a/x mid-career professional development program. Nora is a 2015 alum of LeadBoston, an experiential leadership program focusing on socially responsible leadership with an emphasis on how Boston works, and trends and issues that have an impact on the city's social and economic vitality.



**Arnetta E. Baty** is Board Chair and **Carl Byron Baty** is Executive Director of Rounding the Bases, Inc, a nonprofit based in Dorchester, Massachusetts that supports community members around training, education, employment and housing. In addition to their work with Dementia Friends Massachusetts, Arnetta's and Carl's work includes hosting social connection programs for older adults, providing companion services, and teaching older adults to use computers, working with local farming efforts and distributing healthy food to hundreds of households. They were recognized by Action for Boston Community Development as Community Heroes in 2019.







**Bonnie Burman**, ScD, is the President of the Ohio Council for Cognitive Health, home of Dementia Friends Ohio. Bonnie has spent her career as an agent of change, bringing people together to view the world of dementia differently and pushing all of us to transform services and supports for our elders. She has been a care partner for her mother who was living with dementia, served as the Director of the Ohio Department of Aging, and the Executive Director of the Pioneer Network, as well as Director of the Office of Geriatrics and Gerontology at the Ohio State University College of Medicine.



**Kun Chang**, LCSW, is the Associate Director of the Greater Boston Chinese Golden Age Center, an organization that provides comprehensive wellness services to Asian older adults and family members, including housing, nutrition, day programs, transportation, and caregiver support. In addition to his work with Dementia Friends, Kun has been the President of the Chinese Folk Art Workshop and a Project Director of the National Asian Pacific Center on Aging for the for over 20 years.



**Alana Dundon** worked as a psychologist, organizational consultant, and human resources manager in Brazil before emigrating to the U.S. In addition to her work with Dementia Friends, she has worked as a health program instructor, and is currently a Bilingual Outreach Coordinator at the Calahan Center in Framingham, Massachusetts. She also was a longtime caregiver for a family member who lived with dementia.



**Anitra ("Nia") Mostacero** was diagnosed with younger-onset Alzheimer's disease in 2017 at age 42. In 2022, Nia was diagnosed with Chronic Traumatic Encephalopathy and Traumatic Brain Injury. At age 19, Nia joined the Air Force, rising the ranks to Senior Master Sergeant. During her service, Nia earned an MBA and was a First Sergeant in the Air Force, before retiring in 2017 after 22 years of military service. Nia's newfound calling is helping increase concern and



awareness of dementia. She has shared her story with local media and audiences and served on a local Dementia Friendly council in Texas, before moving to Idaho where she currently lives. She serves on the Alzheimer's Association's 2021-2022 National Early Stage Advisory Group, and the National Council of Black Dementia Minds.



**Tirsa Ramirez** is a Patient Navigator and Health Educator at Latino Health Insurance Program, a community-based provider of medical and dental care, education and advocacy, in Framingham, Massachusetts. In this role, Tirsa helps individuals and families to access insurance and get the care that they need, and she also leads educational programs. Tirsa also serves as the Pastor and Leader of Women's Ministry for a church serving the Spanish-speaking community.



**Saw Reh** moved to the US from a refugee camp in Thailand on the border of Myanmar 10 years ago. He is a business administration student and works full time at the Southeast Asian Coalition of Central Massachusetts (SEACMA). At SEACMA, he conducts community outreach and has assisted numerous refugees and immigrants from Myanmar and Afghanistan to connect to resources and receive services. He is the President of the Worcester Myanmar Community.



**Kathy Service**, RN, MS, FNP-BC, CDDN has worked in the field of intellectual/developmental disabilities (IDD) since 1976 as a RN and since 1979 as a nurse practitioner and was one of the first RN's nationally to be certified in the specialty of developmental disabilities (DD) nursing. Although retired since 2016, she continues to work as a clinician, healthcare consultant, educator, and advocate to people with IDD, their families, staff, and to other health care providers in the general community. She has served on local, national and international advisory boards, including the National Task Group on Dementia and Intellectual Disabilities through which she facilitates a virtual support group for families with a member with ID and dementia. She has contributed to a number of federal grants on IDD and dementia and volunteers for a number of regional dementia groups including training for the Alzheimer's Association.





**Beth Soltzberg**, MSW, LICSW, MBA, directs the Alzheimer's/Related Disorders Family Support Program at Jewish Family & Children's Service in Waltham, Massachusetts. Beth facilitates the JF&CS Memory Café and a support group for adults whose parent lives with dementia. She founded and coordinates the JF&CS Memory Café Percolator, an international resource for those starting and sustaining memory cafés. Beth leads Dementia Friends public awareness program for Massachusetts, and is part of the statewide leadership team promoting dementia friendly community initiatives. Beth earned her MSW and MBA from the University of Chicago and a certificate in end-of-life care from the Smith College School of Social Work. She holds an advanced credential in hospice and palliative care social work (AHPC-SW).



**Judith Thermidor** is Resident Wellness Director at CSI Support & Development services, where she leads trainings and programs in Haitian Creole, Spanish and English. She has led the development of partnerships with medical institutions to enable residents to access services and participate in clinical trials. Her volunteer work includes training older adults to use technology, work with the Alzheimer's Association, and directing public health efforts in Mexico. Judith trained as a physician in Mexico, France and the U.S., and is completing a Master's in Aging Service Management.

Thank you for participating in **Let's Talk about Dementia and Culture 2022!** Let's all work together to keep the conversation going.